



## *Stonefly Maidens Women's Fly Fishing Club*

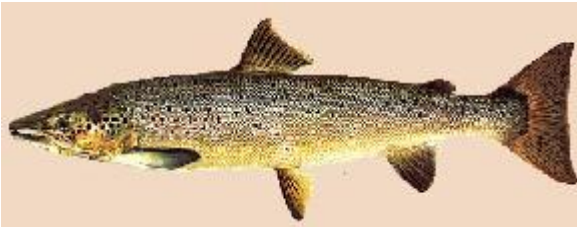
### **Trout of Hosmer Lake**

#### **Atlantic Salmon**

(*Salmo salar*)

*Common Names:* Landlocked, quanche, kennebec, and Sebago salmon.

The Atlantic Salmon is a large fish weighing up to 80 pounds, but averaging about 10 pounds. The landlocked form is smaller than the sea-run type, averaging from 3 to 5 pounds in weight.



Coloration varies, but generally it is brownish along the back with silvery sides and belly. Black spots appear along the back, many of them x-shaped. The tail is deeply forked.

Spawning occurs in the fall. Landlocked salmon enter the tributary streams for the spawning act, returning to the lake when spawning is completed. Little success has been obtained from the many attempts to establish the sea-run Atlantic salmon in streams tributary to the Pacific. The

### ***Oregon Department of Fish and Wildlife***

landlocked form is adaptable to lakes where suitable environmental conditions exist, but little spawning has been observed in Oregon.

In Oregon, Atlantic salmon have been stocked in several Cascade lakes and managed as trout. Currently, Hosmer Lake is the only location where these fish are found.

#### **Brook Trout**

(*Salvelinus fontinalis*)

*Common Names:* Eastern brook, speckled trout, speckled char, square tail.

Originally from the eastern seaboard, the brook trout has been successfully introduced in many Oregon waters especially in the cold, mountainous streams and lake where other species are unable to do well. Many barren lakes have been stock with brook trout, providing angling recreation where none was previously available.

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### **Meeting Information**

- October 12, 2005  
6:00 pm Social Hour  
7:00 pm Business Meeting and Speaker
- Iron Horse Restaurant  
6034 SE Milwaukie Ave  
Portland, Oregon  
(503) 232-1826
- Member Equipment Swap and Gear Discussion

### **This Month with the Stonefly Maidens**

This month's meeting is a member's roundtable discussion about gear. That means everything from rods and reels to flies to waders to float tubes to sunglasses and on and on. What works for you? What doesn't? We'll talk about how to store it, clean it, organize it and haul it.

Also, get your gear ready, it's the First Annual Stonefly Maidens Gear Swap and Sale!

Just bring any fishing or camping gear (that is in reasonably good condition) to the October meeting and sell or swap it with other members.

Anything from flies to float tubes, hats to rods, if it's fishing/camping related, it's welcome.

This is your chance to clean out things you've outgrown or that you thought you would use but found you don't. From the rod you upgraded to the shirt that 'shrunk' over winter (or may be you 'shrunk' and now it's too big). Boots that fit in the store, but not on the water. Maybe you got two landing nets for your birthday and only need one. Those saltwater flies you only used once. You get the idea.

Come to the meeting to find some real bargains. We will also be firming up details for the trip to Hosmer Lake.

## Fly Lines

Another summer fishing season is over. Hope all of you had a great summer and caught lots of fish. Now it's time to do a little fall fishing and to start thinking about what is in store for the club next year.

At our board meeting this week, we worked on coming up with a list of speakers and places to fish. We will be presenting it at the next meeting for your input. We are trying to have a variety of topics and speakers. We have an opportunity to have John Smeraglio AND Rick Hafele come speak to the club and then do an on the water entymology class this year. We are also planning to have some more technique presentations and a few destination presentations. We're trying to have a few more women speakers, although that

## Tilda Runner

is harder to do, because there are fewer women speaking about fly fishing, but we keep trying.

We still need some new officers for next year. If you are interested in being the Program Coordinator, Secretary/Treasurer/Membership Coordination, or the Newsletter Editor, please let us know. If you want to know more about a position, ask one of the board members. Remember, you don't have to do things exactly as the current person is doing them. New ideas are great for the club.

Hope to see you at the meeting. I'm sure you will find some great bargains at the equipment swap and sale. We will also be giving out the information for the fish-a-long at Hosmer Lake.



### Name This Fly Contest

Write the name of this fly on a raffle ticket with your name. The first person drawing with the correct name of the fly wins six of them. This will be a useful fly for our trip to Hosmer Lake this month.

## Goings On



BOW

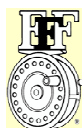
October 15 and 16—Build Your Own Fly Rod, Suttle Lake Church Camp, Sisters

More Information

If you have questions about BOW, any workshop, or the registration process, do not hesitate to call or e-mail the BOW staff:

Paula Booth, BOW Coordinator, 503-947-6016, paula.p.booth@state.or.us

Mary Hoverson, Northeast Regional BOW Coordinator, 541-963-2138, mary.e.hoverson@state.or.us



Federation of Fly Fishers

July 25-29, 2006—FFF's 41st Int'l Show & Conclave 2006, Bozeman, MT

## Fly Fishing Shops

Don't forget to check out the links on the Stonefly Maidens website for the fly fishing shops that support the club. Many of them have great classes available.

## ***Trout of Hosmer Lake***

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One of the most colorful of the chars, the brook trout is dark green above, with worm-like markings on the back and dorsal fin. Cream and red spots appear on the sides, with the red spots

bordered with blue. The lower fins are reddish, the leading edges bordered with a white and black stripe. Generally, the weights run up to three pounds, but larger fish are frequently taken.



Spawning occurs in the fall, usually in spring-fed tributaries or on gravel bars in the lakes. The female may deposit from 500 to 2,500 eggs.

Brook trout thrive in cold water below 65 degrees.

They prefer spring-fed lakes and streams. In some areas, especially if not properly harvested, brook trout may overpopulate a lake and become stunted from lack of food and crowded conditions.

## **Fly Fishing with Elderhostel**

***Marti Franc***

Beautiful rivers flowing out of the lower Canadian Rockies, late summer days spent with local guides searching out feisty rainbows and cutthroats - who could resist? Not Laurie Krusinski and I. So we both signed up for a fly fishing Elderhostel in the Crows Nest Pass of Alberta, Canada. Elderhostel is a program of educational and sightseeing trips to all parts of the U.S. and worldwide for people 55 years and older. Laurie and I had different itineraries for travel and drove separately, but enjoyed spending some time together fishing.

We fished the Crows Nest, Carbondale, Old Man, Racehorse, and Livingston Rivers. Some were fairly technical, and others were more accessible. I caught several fish in the 8 - 12" range. While our guides favored grasshopper patterns, I had luck with beadhead hare's ear nymphs.

It was fun to meet people coming from California to New Jersey and many spots in between, ranging in age from late 50's to mid 80's. We spent all day on the river, so had time to do some visiting over generous sack lunches. There were opportunities for hiking and tours of local museums and displays related to the mining history of the region. On the way back, I spent a little time in Waterton Lakes and Glacier National Park. All in all, a wonderful fishing vacation. Getting older ain't all bad!

For more information on Elderhostel, go to [www.elderhostel.org](http://www.elderhostel.org)



*Crow's Nest River, Alberta, Canada*



*Our mission is to create opportunities, encourage, educate, and mentor women's participation in the sport of fly fishing.*

*Our goal is to bring women together who share a love of fly fishing and the beauty of nature to create friendships and lasting memories.*

*Stonefly Maidens Women's Fly Fishing Club*

### **An Oregon Council-Federation of Fly Fishers Member Club**

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## **Calendar**

Date	Meeting (Speakers subject to change)	Fish-a-long Date	Location (Locations tentative)
January 12	Mark Bachmann, The Fly Fishing Shop Winter Steelheading	January 15	East Fork Lewis River, Winter Steelhead
February 9	Fly-Tying Demonstration, Gary Muncy	February 12	Crooked River, Trout
March 9	Video Night	March 12	MacKenzie River, March Brown hatch for trout
April 13	Members Roundtable: Fly-Fishing Skills	April 16	Coastal Lake, Trout
May 11	Marty Shepard, Smallmouth Bass on the John Day River	May 14	John Day River, Smallmouth bass (Women Only)
June 8	Kathryn Hart, Casting Demonstration & Practice	June 11 June 12	Casting Clinic, Blue Lake Park Clackamas River, Trout (Women only)
July 13	Michael T Williams, Backcountry Fly-Fishing	July 16 July 23	Big K Ranch, Smallmouth Bass (Women only) Merrill Lake, Hexegenia Hatch Bonus
August 10	Andy Pibal, Carp Fishing	July 13	Carp Fishing
September 14	Patty Barnes, Saltwater Fishing in Mexico	September 16-19	Skagit River, Pink Salmon (Women only)
October 12	Equipment Swap and Sale & General Gear Roundtable	October 15	Hosmer Lake (Women only)
November 9	TBA		None scheduled
December 14	Christmas Party		None scheduled