



Stonefly Maidens
Ladies Fly Fishing
Club Newsletter
May 2003

AN OREGON COUNCIL-FEDERATION OF FLY FISHERS MEMBER CLUB

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MEETING INFO:

Next meeting: TUESDAY May 13, 2003

Who Song and Larry's, 4850 SW Macadam Ave, Portland, OR 97201, (503) 223-8845.

6 PM, dinner and social hour

7 PM, program

Speakers Tilda Runner and Carmen Smith. Our original speaker had a scheduling conflict so is unable to come. Carmen and I fished for smallmouth bass on the Umpqua River last summer. We will discuss our experiences and the flies that we used. Smallmouth bass are a kick to catch.

This month's fish-a-long:

Saturday, May 17, 2003

Deschutes River, Maupin, Oregon. This is the beginning of the famed Salmon fly Hatch on the Deschutes River. It is also the start of a pretty good stonefly hatch as well. I envision that people will carpool over to Maupin where we would meet at Deschutes Canyon Fly Shop around 9:00 am. Some people may want to camp over Friday and/or Saturday nights. We will firm up these plans at the meeting.

We have hats, denim shirts and T-shirts with our Stonefly logo on them for sale at the meeting. Hats are \$15.00; denim shirts are \$25.00; T-shirts are \$18.00. What better way to advertise the club?

Fly Lines

Our last fish-a-long had a great turnout. The fishing was a little challenging given the number of people on the pond, but I think everyone had a good time and improved their skills in some are of fishing. Lake and pond fishing is definitely different from river and stream fishing. Some people

like one better than the other, but I think it is good to experience both types of fishing from time to time.

The planning for the Casting Clinic in August is well underway. Carmen and I have agreed to learn how to become casting instructors. We need four or five more people to assist us. Between now and August, the casting instructors will receive 3 lessons in casting to help us teach others. The free casting clinic is open to all women of all skill levels who want to attend. So tell your friends.

See you on the water and at the meeting,
Tilda

Tentative Program and Fish-a-long Schedule

Month	Program	Fish-a-long
May 17	Tilda Runner & Carmen Smith, Smallmouth Bass Fishing	Deschutes River, May
June	John Smeraglio, Salmon Fly Hatch	Smallmouth Bass,
John Day River, June 14		
July	No Meeting	Carp Fishing, July 12
August	Casting Clinic, Mt Hood Village, Welches, OR,	August 16
September	TBA	Float Tube Clinic,
Roslyn Lake, September 13		
October	Donna Teeney, Saltwater Fishing	Sea-run Cutthroats,
October 18		
November	Winter Equipment Storage	Chum Salmon, TBA
December	Christmas Party	None scheduled

All speakers and fish-a-longs are subject to change without notice.

Goings on: Fly Shops and Events

The Fly Fishing Shop at Welches 503.622.4607 www.flyfishusa.com

Call or visit the web site for more info on sales and upcoming events.

Saturday & Sunday, May 17 & 18
Sandy River Spey Clave, Oxbow Park

Sunday, June 1, mid-day

Barbeque Some fly shops serve hot dogs at their company barbeques, we however, like to serve very bright "fly caught" summer steelhead & spring Chinook. It's a matter of principal...and it's fun...and very tasty. And it's fairly easy. There are a lot of very bright hatchery fish in our local rivers. The fact the we are having barbeques through-out the season gives us the perfect excuse to go fishing...as if we needed an excuse. Rain or shine it's easy. We have a large covered area behind our store for the barbeque. It adjoins our huge classroom...which turns into a dining room.

Saturday, August 16, 2003, 1:00 to 5:00pm

Women's Fly Casting Clinic. FREE! Beginner, Intermediate, Expert - we will take you to the next level! Held at Mt. Hood Village Casting Pond. Sponsored by: "Stonefly Maidens Fly Club,

Portland, OR", "The Fly Fishing Shop, Welches, OR", "R. L. Winston Rod Company", "Mt. Hood Village, Welches, OR". Call for reservations: 1-800-266-3971

Deschutes Canyon Fly Shop – Maupin 541.395.2565

Call or visit the web site for more info. Give the shop a call to find out about their specials and classes.

Entomology Seminar -- Understanding Western Hatches

July 19, 2003 and August 16, 2003.

Day long classroom/streamside study of aquatic insects with Rick Hafele, co-author of Western Hatches. By reservation only. \$75 per person.

River City Fly Shop – 11429 SW Scholls Ferry Rd, Beaverton 503.579.5176

Fly tying every Tuesday evening starting at 6:30pm. \$50 for 4 sessions; you can join at any time.

Northwest Flyfishing Outfitters – 10910 NE Halsey St., Portland 503.252.1529 or 888.292.1137 www.flyshopnw.com

Call or visit their web site for more information.

BOW

Stay tuned for workshop information. New registration materials will be available soon.

La Pine State Park Workshop June 7 - 8, 2003

BOW weekend 2003 will be June 13 - 15 at Camp Magruder in Rockaway Beach.

If you would like to put your name on the mailing list to receive registration materials, please contact [Nancy Smogor](#), Becoming an Outdoors-Woman Program Coordinator, at (503) 872-5264 x 5358 or check out their website at www.dfw.state.or.us/outdoor_skills/bow.html.

Kaufmann's Stimulator: A great all-around attractor fly



This photograph of the Stimulator was provided courtesy of its originator, Randall Kaufmann. If you would like more information about this fly, [click here](#) to visit the **Kaufmann's Streamborn** website

By Jim Abbs (Copyright - FFF Fly of the Month, Federation of Fly Fishers Website)

While the Stimulator is nationally heralded, it is almost worshiped in the American West. That is not to say that it is not used elsewhere for it has an international following and is reported to be very effective from New Zealand to the mountains of Sweden. However, aside from

these reasons for describing Randall Kaufmann's Stimulator and how to tie it, I have personal endearing memories toward this fly. From the time I started fishing western waters in the early 1980's this fly has been a great producer, first on rolling, roaring Rock Creek in Western

Montana, and following that on a couple dozen medium sized and large western rivers, including the Wenatchee, Yakima, and Methow in Washington State, the Clark Fork, Yellowstone, Gallatin, Bitterroot, and Blackfoot in Montana and even the Tongue in Wyoming. This fly is truly an attractor for all occasions and can be fished in sizes from 4 to 16, with features of both stoneflies and caddis, but also working as a hopper.

What makes the Stimulator so effective? Many fly originators have elaborate theories. Randall Kaufmann is perhaps more honest than most in stating outright that he doesn't know why the Stimulator is so effective. He even raises a possibility that is not mentioned by most fly designers who want to mimic nature with new looking patterns: "The Stimulator may be just different enough that fish do not remember having an earlier encounter with it and mistake it for real food."

Randall Kaufmann is unusually honest in another way as well. He readily admits that the Stimulator is not unique, but is kind of a composite of "parts" from other effective flies. In the 21st century, there are very few things that are truly brand new. In fact, genius is often in the ability to synthesize, rather than create.

So why does the stimulator work? Well, I think one particular insight deserves a direct quote: "By tying the fly wide (spreading out its tail and wing) and tall with the wing spread upward, the fly "creates the illusion of bulk and the blurred or fluttering image of wing movement. Palmered hackle adds to this illusion, and it should be stiff and tapered, smaller at the tail area. These features, along with fishing them when they are in good condition ensures "they react to tiny individual currents, portraying a bouyant, animated natural insect." (Randall Kaufmann, Tying Dry Flies, 1992).

If you are going somewhere out west (or to New Zealand or Sweden) and are not familiar with the Stimulator, try it this year. It is very easy to tie and by varying color combinations and sizes, it offers almost a full fly box of variety.

MATERIALS

- **Hook:** 2X OR 3X Long Dry Fly, TMC 200R, Mustad 79580, Size 6-16
- **Thread:** Orange, 3/0 or 6/0
- **Tail:** Elk (Deer Body Hair is called for by some tiers)
- **Abdomen:** Yellow/orange dubbing
- **Rib:** Brown or grizzly hackle, palmer style, smaller than hook size
- **Thorax:** Orange Dubbing
- **Hackle:** Grizzly over thorax, dry fly style
- **Wing:** Elk

TYING INSTRUCTIONS

1. Tie in clump of elk hair for the tail, with a length extending beyond the bend of the hook about 1 ½ times the hook gape. Some tiers tie the butt ends of the elk hair on the hook shank as an underbody.
2. Tie in brown or grizzly hackle for palmer rib and dub a tapered yellow-orange body forward to about 2/3rds the length of the shank.
3. Wrap the hackle forward, palmer style over the abdomen. Tie off and tie in the wing of elk hair such that the end of the wing is even with the bend of the hook.
4. Tie in second hackle and dub the thorax forward to a few mm behind the hook eye.
5. Wrap the hackle forward, dry fly style and tie off.
6. Whip finish and go fishing.