



## Stonefly Maidens Women's Fly Fishing Club

### Planning Your Destination Fly Fishing Trip

**Tilda Runner**

So you want to fish some place other than Oregon—maybe one of those cool places like the Bahamas or Alaska. How to start planning the trip? What kind of equipment do you need? This article is

intended to give you a brief overview of trip planning to get you started on a destination trip of a life time.

The first thing you need to figure out is how much you want to spend for your trip. Your budget needs to include such things as airfare, lodging, meals, licenses, guide service and tips, ground transportation, equipment purchase or rental, and souvenirs.

Sometimes everything is included as a package if you go through a company that puts together destination trips. Other package deals may include just lodging, guide service, and ground transportation.

While figuring the budget for your trip, you need to decide what type of a trip you want. Are you going out of the country? Do you want or need a guide or a boat? Do you want posh, budget, or rustic accommodations?

Trips within the US and Canada can be easier to plan and less costly than going out of the country. There are more opportunities for self-guided trips and various types of lodging and meal packages. Some of our least expensive destination trips have been self-guided trips where we drove to our destination and stayed with relatives while we fished the blue ribbon waters around where they lived. The cost included gas, motels getting to and from the destination, meals and non-resident fishing licenses. Going out of the country is more expensive because you have to add on airfare and, generally, guide service. It is really hard to fish without a guide because of access where either a boat is required or fishing access limited to private property and guides are required.

When looking for someone to book a destination trip with, check with your local fly shop first. Many have leads on reputable travel services or guide services. If the fly shop can't help you, check out the advertisers in the leading fly fishing magazines. The other great resource is the internet, but be sure to check for references or recommendations. Sometimes you never know what you are going to get. The old adage "If it looks too good to be true, it is," is

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#### Meeting Information

- July 13, 2005  
6:00 pm Social Hour  
7:00 pm Business Meeting and Speaker
- Iron Horse Restaurant  
6034 SE Milwaukie Ave  
Portland, Oregon  
(503) 232-1826
- Speaker: Michael T. Williams  
Back Country Fly Fishing

#### This Month with the Stonefly Maidens



This month Michael T. Williams will present a wilderness fly fishing slide show, discuss specific fishing techniques and demonstrate fly tying for the trip.

This month's fish-a-long is smallmouth bass fishing on the Umpqua River at the Big K Ranch. Email Robin at [programs@stoneflymaidens.org](mailto:programs@stoneflymaidens.org) for more information.

After the meeting, all members of the Casting for Recover Committee, and anyone else who wants to help, will be meeting to discuss possible locations to hold our retreat.

Look forward to seeing all of you at the meeting.

## Fly Lines

First of all, I would like to thank everyone who helped with the Casting Clinic in June. We had about 15 ladies who were not members of the club join us on a very rainy day to learn more about casting, fly fishing, and the Stonefly Maidens. Special thanks go to MaryAnn Dozer, Laura Coblentz, Robin Healy, Laurie Kruzinski, Ellen King, and Camille Colby for setting up, taking down, and casting assistance. A special thanks to the cook extraordinaire, Tom Healy, for fixing the great hamburgers and keeping the food dry until we were ready to eat.

Five ladies went on the fish-a-long on Sunday. We had a chance to explore the

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Clackamas River a little more and practice the casting skills learned on Friday. Some other fishing instruction found its way into the day as well.

If you have any suggestions for next year's casting clinic, let me know. We want to make sure that the clinic meets the needs of the club members as well as the ladies invited to join us.

Our next project is Casting for Recovery. Please give Marti as much help as you are able to. Remember, many hands make the work light.

Thanks again for all your help.



### Name This Fly Contest

Write the name of this fly on a raffle ticket with your name. The first person drawing with the correct name of the fly wins six of them along with the recipe for tying your own. This fly might be useful later in July.

## Goings On

### BOW



July 23—Hart Mountain Walkabout, Hart Mountain National Antelope Refuge, Lakeview

July 23—Fly Tying for Trout, Beaver Creek Reservoir, near LaGrande

July 30—Spearfishing Training, Waldo Lake, Willamette Pass

August 20—Fishin' and Floatin', Magone Lake, near Prairie City

August 27—Outdoor Cooking, Emigrant Springs State Park, between Pendleton and LaGrande

August 27—Spearfishing, Cape Lookout, North Oregon Coast

September 9 and 10—Steens Mountain Backcountry Adventure, Lake Creek Base Camp, Frenchglen

September 10 and 11—Wilderness Field Experience, Drift Creek Wilderness, Siuslaw National Forest

September 17—Pheasant Hunting Clinic, Klamath Wildlife Area, Klamath Falls

September 24—Fishin' and Floatin', Grizzly Lake, near Madras

October 1—A Day at the Range, Mount Jefferson Rifle and Pistol Club, Madras

October 8—Fly-Fishing for Steelhead on the Rogue, Valley of the Rogue State Park, Grants Pass

October 15 and 16—Build Your Own Fly Rod, Suttle Lake Church Camp, Sisters

More Information

If you have questions about BOW, any workshop, or the registration process, do not hesitate to call or e-mail the BOW staff:

Paula Booth, BOW Coordinator, 503-947-6016, paula.p.booth@state.or.us

Mary Hoverson, Northeast Regional BOW Coordinator, 541-963-2138, mary.e.hoverson@state.or.us

Nancy Smogor, High Desert Regional BOW Coordinator, 541-388-6365 ext. 234, nancy.e.smogor@state.or.us

### Fly Fishing Shops

Don't forget to check out the links on the Stonefly Maidens website for the fly fishing shops that support the club. Many of them have great classes available.

## Destination Fly Fishing

(Continued from page 1)

a good rule to follow. Look at the average costs for lodging and guide service in the area. Do your homework ahead of time to make sure that you have the best possible trip.

If you are going to use a guide on your destination trip, make sure the guide knows something about fly fishing. It is really difficult to communicate your fly fishing needs to a boat driver who speaks as much English as you speak of their language. If the service doesn't specifically mention fly fishing, keep looking.

Another important thing to look at in planning your trip is your equipment. Check with the guide service to see if they have a list of recommended equipment and flies. While some guides or lodges may have equipment to rent or use, don't be surprised if you need to supply your own. The type and size of the fish will dictate the equipment you need. Trout fishing uses 5- to 7-weight rods with floating or sinking lines depending on the type of water you are fishing. Salmon and steelhead fishing needs 6- to 10-weight rods with floating or sink-tip lines. Flats fishing for bonefish or permit takes 8- to 10-weight rods. Saltwater fishing for dorado and billfish demands 10- to 14-weight rods with fast sinking sink-tip lines. Remember that the performance of your equipment will help make your trip memorable. Sometimes, the least expensive reel will break down in the middle of your two-hour fight with a blue marlin causing you to lose the fish and your sanity.

Don't automatically expect flies to be readily available for purchase at your destination. While most places in the US and Canada that cater to fly fishers will have some type of fly shop, other destinations aren't that sophisticated. I have been to places where I would have been up a creek without a paddle if I had not brought my own gear and flies.

Clothing is another important item in preparing for your destination trip. While tropical areas are by nature hot and humid, long sleeve shirts, long pants, and hats are vitally important. There are many light-weight clothing lines available with features like roll-up sleeves, convertible legs, air vents, etc. that are excellent choices. Getting a severe sunburn because you don't take appropriate precautions with clothing and sun screen can ruin a trip that you have spent a lot of money on. Don't forget your broad brimmed hat and polarized sunglasses.

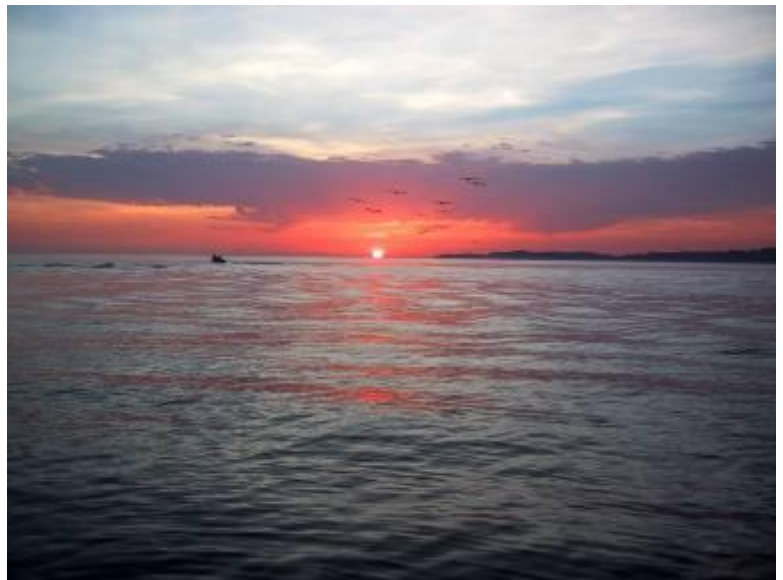
Fishing in places like Alaska and Canada require warmer clothing—think layers—and bug repellent—think DEET. Hats and polarized sun glasses are important here, too.

About guides. Tip your guide. If your guide gives you extraordinary service, reward him appropriately. The general guideline for tipping is 10% to 20% of daily cost of the trip. While it may seem like you are paying a lot of money for a guide, remember that the guide is probably not getting all of the money you pay out. That guide also has to take care of his boat and equipment so it is ready for you to fish with everyday.

The last thing to remember when traveling out of the US, including to Canada, is to get a passport. Even if one is not required, it is easier than trying to figure out all other types of identification that is accessible. Check out travel advisories or travel restrictions for the country you are going to. Plan ahead and get visas ahead of time if required. Also check to see if there are any required vaccinations.

In this day of heightened security for air travel, pay attention to the small details for connecting flights and luggage. Make sure to have at least an hour between connecting flights so you have a better chance of getting to your destination the same time you do. Plan to check all of your gear, especially things that are sharp or that cut. Sometimes you can carry-on reels and rods, but don't count on it. Make sure you have at least one change of clothes and your prescription medications in your carry-ons. Some destinations have flights only on specific days, so if your luggage gets delayed, you may not have it for the length of your stay.

Traveling to exotic places to fly fish is fun and exciting. Prior planning and a little flexibility can help make things go smoothly. Remember to bring your spirit of adventure so you can roll with whatever happens. Happy fishing.





*Our mission is to create opportunities, encourage, educate, and mentor women's participation in the sport of fly fishing.*

*Our goal is to bring women together who share a love of fly fishing and the beauty of nature to create friendships and lasting memories.*

*Stonefly Maidens Women's Fly Fishing Club*

**An Oregon Council-Federation of Fly Fishers Member Club**

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**Calendar**

Date	Meeting (Speakers subject to change)	Fish-a-long Date	Location (Locations tentative)
January 12	Mark Bachmann, The Fly Fishing Shop Winter Steelheading	January 15	East Fork Lewis River, Winter Steelhead
February 9	Fly-Tying Demonstration, Gary Muncy	February 12	Crooked River, Trout
March 9	Video Night	March 12	MacKenzie River, March Brown hatch for trout
April 13	Members Roundtable: Fly-Fishing Skills	April 16	Coastal Lake, Trout
May 11	Marty Shepard, Smallmouth Bass on the John Day River	May 14	John Day River, Smallmouth bass (Women Only)
June 8	Kathryn Hart, Casting Demonstration & Practice	June 11 June 12	Casting Clinic, Blue Lake Park Clackamas River, Trout (Women only)
July 13	Michael T Williams, Backcountry Fly-Fishing	July 16 July 23	Big K Ranch, Smallmouth Bass (Women only) Merrill Lake, Hexegenia Hatch Bonus
August 10	Andy Pibal, Carp Fishing	July 13	Carp Fishing
September 14	Patty Barnes, Saltwater Fishing in Mexico	September 16-19	Skagit River, Pink Salmon (Women only)
October 12	Judith O'Keefe, Float Tube Fly Fishing	October 15	Hosmer Lake (Women only)
November 9	TBA		None scheduled
December 14	Christmas Party		None scheduled